

GROA training

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April 2015



Agenda

- Duties of officials
- Medical issues
- Fairness

Duties of officials

- Report to PoJ when you arrive at the regatta
 - PoJ will mark the attendance register
 - PoJ will notify you of any changes in the duties
- Ensure that you arrive on time
 - If you are going to be late, please notify the PoJ
 - Ensure that you are on station in time – 15 minutes before each session
- Don't swop duty allocations unnecessarily
 - Officials prepare for their role and may be unprepared if reallocated to another role

Cox weighing

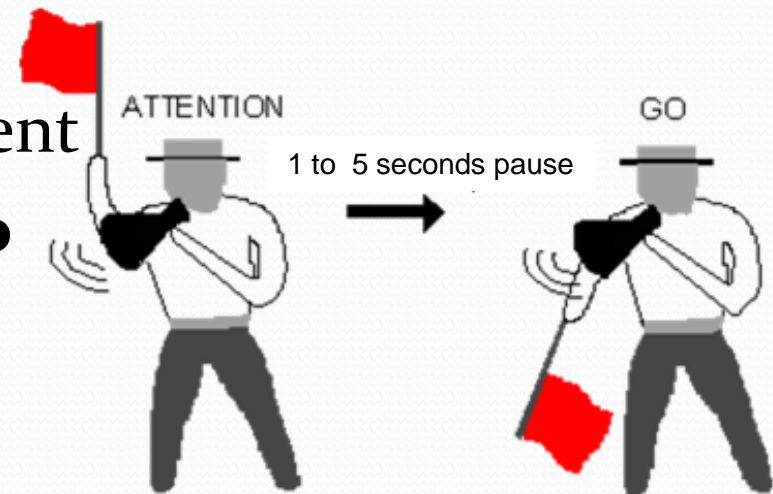
- 1 to 2 hours before their first race each day
 - If late – Warning (Yellow Card)
 - If fail to weigh in – Exclusion (Red Card)
- Control commission must keep track of coxes with ballast
 - Keep a list at scale, also with colour of bands used
- Ballast should be checked when crew launches
 - This is just a reminder for the coxes
- Ballast should be checked when crew comes in
 - Random weighing of ballast should be done
 - Exclusion (Red Card) if ballast is not in boat
 - **The cox cannot be weighed again**

Lightweight athlete weighing

- Also 1 to 2 hours before first race of each day
 - If fail to weigh in, or do not meet weight – Exclusion (Red Card)
- If any crew member is over max weight crew may weigh again within time period
 - Entire crew needs to weigh in again
- Lightweight men 70 kg average, max 72.5 kg
- Lightweight women 57 kg average, max 59 kg
- Scullers may be maximum of 72.5 and 59 kg

Starting the race

- Call Attention
- Raise the Red Flag
- After a variable pause of **1 to 5 seconds** ...
- **The race is started by the umpire dropping a red flag to the side**
- This must be a definite movement
- Accompanied with the word **Go**



Pilot at start of race

Radio procedures



- Announce race on channel 1
 - Race number, race type, crew status if exceptions, umpire name and number
- Switch to channel 3 (or 2) and confirm race
 - Finish tower can take appropriate action if not heard
- Call stand down when realigning, and then warn finish tower when race is imminent
- Hold radio open for start
 - Hold radio open on aligners “Hold it all crews”
- Remember to change back to channel 1

During the race

- Hide flag when it is not used
- Monitor safety of athletes with a medical condition
 - Especially during heads races
- Do not steer crews - call crews when required
 - When interfering with crew in its own water
 - To avoid a clash, damage or injury
- In heads races “hand-off” crews to the next umpire
 - If a crew is catching up, warn the next umpire
 - Static Umpiring does not mean that the Umpire is NOT allowed to follow a crew/crews when it is clear that a crew may be impeded

Umpire - at the end of the race

- Give crews time to object especially if there was an incident
- Raise the white flag
 - We have been using two handed FISA style (show to crews then tower)
 - But handbook says turn to tower and raise the flag and has a picture waving flag
- If any athlete lies down in boat, treat it as a medical emergency and attend to him/her immediately
- Once you ascertain the status, call rescue
- Notify PoJ of any incidents

Boat weighing 1

- Done after the race
- PoJ will nominate certain boats for weighing
 - Maybe specific boats or position in race
- Umpires at incoming jetties will watch out for nominated boats
 - Wait until boat has been lifted out of water
 - Inform crew that their boat has been selected for weighing
 - Escort the boat to the weighing station
 - Ensure that only ballast that was in the boat is weighed with the boat
- Underweight boats are relegated to last place

Boat weighing 2

- Empty all water from the boat
- Any removable items must be removed
 - Stroke coach, cox box
- Weigh the boat
- If underweight:
 - Get crew/coach to sign the weight
 - Weigh the test weights, get the crew/coach to sign this
 - Reweigh the boat, get crew/coach to sign second weight
 - Inform PoJ that boat is underweight
- A 2nd infringement for same boat at a regatta - exclusion

Masters handicap system

- Example has been corrected
- Winner's time dictates the row in the table
- Time per age category is subtracted from each boat
- Age category is at 1st January of season
- Equal or greater than age category A to K
- Mixed gender crews add to women's ages:
 - Age 27 to 35 add 15 years
 - Age 36 to 49 add 12 years
 - Age 50 and older add 10 years



Example

Actual Winning Time	Age Categories (Time difference in seconds)										
	A	B	C	D	E	F	G	H	I	J	K
	27	36	43	50	55	60	65	70	75	80	85
3:50 - 3:59	0	2	8	17	25	35	45	56	69	84	103

Lane	Club	Age Category	Actual Time (A)	Initial Positions	Handicap per Chart (B)	Handicap Time (A - B)	Final Positions
5	VLC	D	03:55	1st	00:17	03:38	2nd
6	Ravens	A	03:58	2nd	00:00	03:58	4th
4	Wemmer	C	04:15	3rd	00:08	04:07	5th
3	Vikings	E	04:18	4th	00:25	03:53	3rd
2	Old Eds	G	04:22	5th	00:45	03:37	1st

- Handicaps are taken from same line and subtracted

Safety



- **Priority 1** means **a life is in potential danger**
 - Capsized and heads not all visible
 - All racing must stop, rescue responds at maximum speed
 - Radio is used for safety only, until cleared by Safety Officer
- **Priority 2** means a need of possible emergency care
 - Serious but not life threatening
 - Racing continues, do not start any races until all clear
 - Rescue goes at speed taking care as racing is still going on
 - Essential radio comms, until cleared by Safety Officer
- **Priority 3** means no health or life threatening situation
 - Capsized, but heads are all above water
 - Rescue goes as fast as possible without washing competitors

Medical issues

- Increasing number of crews followed for medical reasons
- Difficulty of following during heads races
- Crews collapsing or lying down at finish
- Privacy of medical conditions
- Suggestions:
 - Athletes having received medical attention should be cleared before being allowed to compete in other events

Fairness definition



All rowers shall compete fairly, showing respect for their opponents and for the regatta officials. In particular,

- be at the start on time
- follow instructions of the officials at all times, both on and off the water.

Officials shall

- ensure Rules of Racing applied fairly
- atmosphere of respect to all competitors **and fellow officials**

Respect other officials

- **Do not critique officials over the radio**
 - Remember that the radio can be heard by anyone
 - If you have an issue, do it face to face away from others, and in a **positive constructive manner**
 - Rather report the issue to the PoJ to include in future briefings or in the PoJ report
- PoJ is responsible for the regatta
 - Don't try to override the PoJ
 - Need guidelines so that OC liaison does not take over PoJ responsibilities
 - Officials must notify PoJ of all incidents

Have fun

- If you are not having fun – go home - you will make it unpleasant for the athletes and those around you
 - If you get frustrated – sort yourself out, don't take it out on the rowers or your fellow officials
 - Be objective and supportive of colleagues
 - Earn respect by your actions and behavior
 - Maintain a pleasant demeanor
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- Read the code of conduct in the handbook (pg 2)

Have fun!

